



benefitNEWS

Adherence to Key Medications only at 50%

According to a new analysis from Healthentic, a national data analytics firm, nearly half of people with prescriptions for diabetes, high blood pressure and high cholesterol do not take their medications as prescribed. The Seattle-based analytics company looked at claims data for nearly 10,000 lives to identify more than \$8.6 million in avoidable hospitalization costs due to non-adherence in these three chronic conditions.

Specifically, the company identified 128 avoidable hospitalizations for diabetes with a total cost of more than \$2.1 million, 243 avoidable hospitalizations for high blood pressure that cost more than \$4 million and 150 avoidable hospitalizations for high cholesterol that reached nearly \$2.5 million in avoidable costs.

To combat these startling results, Conner Strong & Buckelew suggests that employers and plan sponsors seeking to improve medication adherence among their employees and covered dependents: (1) identify health plans with lower out-of-pocket costs for prescription medications; (2) look for healthcare systems with a patient-centered, team approach to care; and (3) target outreach to non-adherent employees with programs that have shown success for their specific conditions.



connerstrong.com



877-861-3220



news@connerstrong.com



[Change My Preferences](#)



INSURANCE | RISK MANAGEMENT | EMPLOYEE BENEFITS



[Click here to change your email preferences or unsubscribe from all communication.](#)